

Family Packing List for an All-Inclusive Resort 😊

Suitcases: Remember to put liquids and lotions in sealed bags

Lotion sunscreen, stick sunscreen, sunscreen spray (for a week, bring 2 per person in your family so you don't have to buy more at the resort)

Aloe containing skin soothing lotions/sprays to soothe sunburns or chafed skin from wet suits (I also like the brand Aquafor for this)

Hats: baseball caps, visors, or sun hats

Umbrellas in case of rain or for sun shade

Swimsuits (bring at least two in case one doesn't try in time for the next swim)

Swimsuit coverup and swim shirts

Beach bag (to bring gear and camera to the pool or beach)

Small travel backpack

Sunglasses

Beach/sand toys/blow up rafts

Life jacket (for kids who aren't strong swimmers)

Snorkel gear and goggles

Water shoes if desired

Bug spray

White noise machine/clock (to help provide continuity for more homelike sleeping conditions for your child or to hide loud resort guests)

Nightlight

Stuffed animals or special blankets for kids

For those not potty-trained yet: Kids' pullups, pads, diapers, diaper cream, and wipes (extra bags are great to seal up used diapers on the go)

Other baby items like a sleep sack, bibs, baby food and spoon, nursing cover, and formula (if needed)

Kids' Suitcases

- Toothbrushes and toothpaste
- Floss
- Glasses, cleaner, and storage case or contacts, case, & solution
- Shampoo and conditioner
- Soap or shower gel
- Comb or brush
- Face wash
- Face lotion
- Hair spray and gel (tweens and teens)
- Makeup (tweens and teens)
- Deodorant (tweens and teens)
- Prescription medication or vitamins

Adult's bathroom stuff

- Toothbrushes and toothpaste
- floss
- Soap, shampoo, conditioner (if not using the resort provided soaps)
- Deodorant
- Comb or brush
- Hair spray, gel, or other hair products
- Makeup
- Face lotion
- Face wash

- Razor
- Shaving cream
- Cologne or perfume
- Chapstick or other lip balm
- Hand lotion
- Nail clipper
- Tweezers
- Contacts (and extra pairs), contact solution, eye drops, and case
- Glasses and case
- Glasses cleaner and soft cleaning cloth
- Q tips or cotton balls as needed
- Sunscreen for face
- Thermometer
- Prescription medications or vitamins
- OTC medications: Dramamine or motion sickness medication, ibuprofen or other pain killer, cold medicine (**no Sudafed to Mexico**), antibiotic ointment, Imodium or other antidiarrheal/GI upset medication, Benadryl
- Bandages
- Glasses cleaner and cloth

Drink containers: Bubba or Yeti insulated cups to keep drinks cold at the resort, baby bottles, sippy cups

Jewelry (cheap jewelry with no emotional value in case theft occurs)

Shorts

Pajamas

Underwear, t-shirts, bras

Socks

Dress Pants

Short sleeve shirts, tank tops, jacket, sweatshirt, sweater, or shawl

Dresses

Shoes: slip on shoes, flip flops, sandals, dress shoes, tennis shoes

Wine cork for keeping a wine bottle in your room

Plastic wine glasses for room (if desired, fun to have along)

Dish soap to wash out sippy cups, insulated cups, baby bottles each day

Extra resealable bags for the way home to put lotions and liquids in to prevent potential messes from leakage in suitcase, or to store souvenir shells

Sand vials to collect sand or shells for souvenirs

Carry-on Bag: Confirm size allowed on Airline website.

Tips in parentheses.

- Toys, books, magazines, homework for kids, writing utensils, ruler, calculator
- Cell phones (check phone plan to see if includes international texting)
- Glasses cleaner and cloth
- Sunglasses
- Hand sanitizing wipes (stay healthy, use before eating on plane)
- Charger cords for electronics and cameras, extra camera battery
- Extra SD card for camera
- Portable charger
- Makeup (I like to pack makeup in the carryon in case luggage gets lost)
- Contact lenses (I like to pack these in the carryon in case luggage gets lost)
- Travel documents such as flight information printouts, excursions already purchased, shuttle information, hotel information, schedules
- **Passports and driver's license**
- **Debit/Credit cards** (Two or three only, don't bring cards you don't plan to use in case of theft. *Remember to notify credit card company of travel plans before going on the trip. Memorize your PIN numbers in case you need more emergency cash.*)

- \$150.00 to \$200.00 in \$1 bills for tipping waitstaff and bartenders, shuttle drivers, excursion drivers and guides, housekeeping staff, & for purchasing souvenirs from vendors
- Earphones or headphones (some airlines provide you with a pair)
- DVD's and laptop or portable DVD player (some planes provide passengers with movies/games)
- DS or other hand-held video games
- Card games or other small games suited for travel
- Video camera
- Camera
- Stroller, booster seat, and pacifier, if needed for young kids and infants
- Sippy cups for younger kids and bottles for babies
- Food for the airplane (or buy some inside the airport)
- Powered baby formula (buy bottled water after security)
- No liquids, follow airline specific guidelines, buy liquids once past security
- Sweatshirt
- Change of clothes for very young kids and babies (diaper bag)